

# 2026 Girl's State Itinerary

## Weigh-Ins

### **Thursday**

6:00 Weigh-in All Teams  
7:00 Weigh-in Individuals (optional)  
8:00 Weigh-in Closed

### **Friday**

10:00 Weigh-in Individuals  
11:00 Weigh-in Closed

## Wrestling

### **Friday**

9:00 All Teams  
    9:00 – 8 mats  
    10:00 – 8 mats  
    11:00 - 8 mats  
12:00 Team Rounds 1-3 end  
12:30 Individual 5-8<sup>th</sup>  
2:30 Individual K-4<sup>th</sup>  
5:00 Parade of Champions  
5:15 Individual Finals

### **Saturday**

9:45 Team Parade  
10:00 All Teams to Completion  
    10:00 – 8 mats  
    11:00 – 8 mats  
    Noon – 6 mats (9<sup>th</sup>, 7<sup>th</sup> and 5<sup>th</sup>)  
    1:30 – 4 mats (1<sup>st</sup> and 3<sup>rd</sup>)